



2017 Cross Country Schedule

8/29 – 8/31 – Pre-Season Practice: 4:00-5:30

9/5 – Wave Day 3:00

9/6 – First day of school

9/12 – Parent/Athletic Night 5:30

9/20 – 9/22 – 6th and 7th Grade Trip

9/27 – Our Lady of Mount Carmel @ Briarfield Park – 3:45

10/4 – Ware Invitational – 4:15

10/11 – Hampton Roads Academy – 3:45

10/18 – Our Lady of Mount Carmel @ Briarfield Park – 3:45